

GOVERNMENT OF MAHARASHTRA

GOVERNMENT COLLEGE OF EDUCATION AKOLA

UGC SPONSORED

H.H.SWAMI CHINMAYANANDA STUDIES CENTRE

TWO DAYS TEACHERS TRAINING PROGRAM

ON

INTEGRATED DEVELOPMENT OF HUMAN

PERSONALITY

(CHINMAYA VISION PROGRAM)

DATE 8/12/2014 TO 9/12/2014

## Report

Date: - 08 December 2014

Chinmayananda vision program was conducted by swami chinmayananda study center Akola for teachers on dated 08 December 2014 to 09 December 2014 at govt. B.Ed. College Akola.

The inauguration took a place at the hands in charge Principal Dr. Vasudha Deo. Dr. Deo introduced CHINMAYA VISION PROGRAM (C.V.P)which is based on educational thoughts of Swami Chinmayananda introduced about Swami Chinmayananda study center to the teachers.



Dr.Deo presents a power point presentation on What is integrated development , what is mental development, Intellectual Development and gave such kind of knowledge and information.



After the first session we have been taken 10 minutes break after that Dr.Deo introduced to guest Dr. Sunil Bihade sir.He is medical Practitioner. Dr. Bihade delivered a speech on nutrition. In this speech sir asked some question to the teachers,” Why nutrition is important in our life?”, “Which kind of food we should eat?”,“How our body works?” etc. Sir gave answer of the questions with power point presentation.

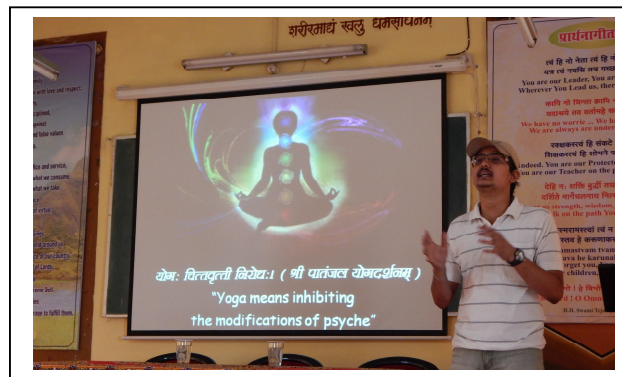


After the presentation everyone knows the important of nutrition in our life. Dr. Sir turned the session to Dr. Deo.she expressed her gratitude towards Dr. Bihade sir. We over the first day of teachers training.



Date:-09 December 2014

On second day Dr. Deo welcome to teachers and started the first session of teachers training on mental development. In this session Dr.Deo gave information about human mind “How it human mind works?”, “What human mind need?”etc. After first session madam turned to Mr.



Anand Thatte Sir for second session. He is a “yoga logiest.” He took a good session on “Yoga”. He asked to teachers what is mean by yoga and told to teachers please write down in your own note book. After that Mr. Anand sir gave a proper meaning of “Yoga.” This answer was very knowledgeable and important for human life. Sir present a good power point presentation of “Yoga” and he also gone through a practical and thought us. Madam overcome the second session and said thankful to Mr. Anand Thatte Sir for wonderful session.



Madam announced tea break for 20 minutes. After the break Dr.Deo taken a last session on Spiritual Development. In this session teachers learned about mind and memory. At last madam refresh teachers mind by “**Dhyan**”and prayer of Swami Chinmayananda’s. Last distribute certificates to teachers of C.V.P training. Like that over the second and finished two days training.

In valedictory session there were two feedback from teachers .They expressed their gratitude towards institution to organize such useful training for teachers .They also expressed their willingness to participate in another Training of this centre.We distributes Certificate to all participant.We finished our session by chanting centre song .

